

Intelligent Practice Session

Warm Up + Stretch
Wedges
3x Chips 10 Yards
3x Chips 30 Yards
3x Half Shots 50-60 Yards
3x Full Wedge Shots 70-100 Yard
Irons
3x 8 Irons
3x 6 Irons
3x 4 irons
Woods
3 x Hybrid / 5 Wood
3x 3 Wood
3x Driver

Notes:

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